

## BLOCK PARTY – SEPTEMBER 2023 - SUNFLOWERS

The traditional disappearing 4-patch block has many variations. This September block uses only 2 fabrics: a sunflower print and a yellow solid or blender. If you don't have any sunflower fabric, use a fall-colored floral or abstract print.

Cutting:

- A. **Sunflower fabric:** Cut two 5-inch squares
- B. **Yellow fabric:** Cut two 5-inch squares

Sewing: (.25-inch seams)

1. Arrange the pieces to make a 4-patch as shown in Figure 1 below.
2. Sew the four squares together. Press to the dark fabric.
3. Lay the center horizontal seam on a line on a cutting mat. Position the 1-inch line of a long ruler on the seam and cut a 1-inch horizontal strip. Repeat on the other side of the seam.
4. Now position the 1-inch line of your ruler on the vertical seam and cut a 1-inch strip on each side of the seam. You now have 9 patches.
5. Reverse each rectangular piece in place to look like Figure 2 below.
6. Sew the 9 patches together, carefully matching seams.
7. Press horizontal seams to the center. Press vertical seams towards the outside of the block.
8. Press block, keeping seam lines straight.



**Finished block should measure 8.5-inches square.  
Do not trim; let the quilt maker do this.**

To participate in the **September** Block Party, make the block as described; mail or drop off to Karel Peer. Your name will be entered once for each block received (enclose a note if you don't want your name in the drawing). Blocks must be received by Saturday, **September 23rd**. The winner will be drawn during the **September 25th online meeting** and will be in the October newsletter.

Sharon Frieson & Karel Peer



**Figure 1: 4-patch**



**Figure 2: Cut pieces**